

Foodfirst

Moving the Community from Hunger into Health
Summer 2022

SUMMER
LUNCH
FOR KIDS
.....PG. 2

BETTER
TOGETHER!
.....PG. 3

LOMPOC
EMPTY BOWLS
& STAR
VOLUNTEERS
.....PG. 4

PRIORITIZING PARTNERSHIP

The Foodbank collaborates with nonprofit partners across Santa Barbara County to ensure they successfully fulfill their missions and that we provide healthy food to as many neighbors in need as possible.

PICNIC IN THE PARK IS BACK!

Donate to give local kids a healthy lunch this summer:
FoodbankSBC.org/EndSummerHunger22



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In this issue, we focus on one of the Foodbank's highest strategic priorities: **Partnership.**

You'll learn about our top food-distribution partners, the people we serve by collaborating with them, and exciting new partnerships that make our county more resilient and healthy.

Children are always a priority at the Foodbank, but especially when schools are closed.

With the advent of universal school meals in California, many districts will offer lunch programs year round. However, some kids may not be able to get to school sites during summer because parents are at work and it's too far to walk.

The Foodbank fills those gaps with **Picnic in the Park**, where any child can receive a **free healthy lunch all summer**. We team with local districts, city parks, libraries, youth programs, community centers and churches to ensure that children have access to healthy lunch every weekday. Learn more below.

Of course, our most important partner is you! Without your commitment to everyone having enough healthy food to eat, none of this work would be possible.

Join us for Lompoc Empty Bowls July 27. Together, we'll support the beautiful city of Lompoc and enjoy gourmet soup, artistic bowls and community spirit! See back page for details.

Thank you!

Erik Talkin
CEO, Foodbank of Santa Barbara County

END SUMMER HUNGER FOR LOCAL CHILDREN



While many of us look forward to family vacation during the summer, **some children anticipate hunger** instead. They are kids who count on school lunch for daily nutrition.

At **Picnic in the Park**, any child under 18 can receive a healthy lunch with fresh fruit and veggies, yummy kid-friendly entrée and ice-cold milk at locations in Carpinteria, Goleta, Santa Barbara and Santa Maria, every weekday all summer.

Your help is critical to ensure Santa Barbara County children have enough food this summer to play, grow and start school strong, instead of going to bed hungry and worrying where their next meal will come from.

FUNDRAISING GOAL: \$120,000

FoodbankSBC.org/EndSummerHunger22

DONATE TODAY!



BETTER TOGETHER: FOODBANK PARTNERSHIPS!



Foodbank's Top Partners

Santa Maria

- Allan Hancock College
- Pacific Christian-Angel Food
- Elks Lodge

Orcutt Presbyterian Church

Solvang

- Bethania Lutheran Church

Buellton Senior Center

Guadalupe Senior Center

Lompoc

- Catholic Charities
- Lompoc High School

Santa Barbara

- Catholic Charities
- Unity Shoppe

NEW PARTNER!

Carpinteria

- Reality Church

Your Foodbank provides fresh produce and nutritious groceries, to any resident in need, at Mobile Food Pantries and Mobile Farmers Markets (fresh fruits and veggies only) at 50+ locations countywide.

The only way the Foodbank can distribute more than 10 million pounds of food in a “normal” year (more than twice that during the Covid pandemic) is in partnership with our nearly 250 nonprofit partners from Carpinteria to Guadalupe!



“Our partners are key to fulfilling our mission to turn hunger into health. We love our partner agencies to the moon and back!”

– Jamie Diggs, Partner Services Manager

Our partners include

Nonprofits
Faith-based
Schools/colleges
Healthcare
Senior living

Homeless services
Substance abuse recovery
Trafficked children's homes
Domestic violence shelters
Low-income housing

CRITICAL NEW COLLABORATIONS

Specific Food for Farmworkers

Winner: Feeding America's 2022 Network Values Prize!

With help from Feeding America, the national network of food banks, we're working with FOOD Share, Inc. in Ventura County to source culturally relevant foods for farmworkers in both of our counties. Together, we can provide these essential workers and their families with foods like masa, hominy, pistachios, dried chiles like guajillos and dried hibiscus flowers.

Our Healthy Farmworkers program is now serving 1,500 families per month in Carpinteria and Santa Maria.



DoorDash Delivers

During the pandemic, we hosted 40 National Guard troops who made the majority of our 70,000 home deliveries to older adults.

Since then, we forged a new relationship with DoorDash to supplement the work of our trusty civilian volunteer home delivery drivers.

So far, DoorDash has provided more than 400 (and counting!) home deliveries to ensure those staying home can still receive the food they need to stay healthy.

CalFresh

In addition to providing supplemental food at no cost, we're expanding the ways we help eligible residents apply for CalFresh (SNAP) benefits (formerly food stamps).

With help from Google's G-SNAP function, our neighbors who search online for key words like “food assistance” can now request—with a few simple clicks—help to apply for CalFresh. Our expert team members call back and support applications in English and Spanish!

(805) 357-5761 | Call for home delivery and CalFresh help

YOUR NUTRITION

Chickpea “Tuna” Salad

This easy, plant-based salad is protein-rich, delicious and perfect for lettuce wraps on a warm day! Children in our Kids Farmers Market program learn to prepare this for a nutritious, yummy meal! Thanks to simple-veganista.com for the recipe!

Ingredients

- 1 cup cooked/canned chickpeas, rinsed
- 3 Tbsp diced cucumber
- 1 Tbsp diced tomato
- 1 tsp chopped cilantro
- Juice of ½ lime
- 1 Tbsp mayonnaise
- Salt

Instructions

Smash the chickpeas in a bowl until they have the consistency of tuna. Add mayo, lime and salt to taste.

Mix in tomato, cilantro and cucumber.

Serve on a tostada, with tortilla chips, crackers or in lettuce wraps.



“We're proud to develop new partnerships and collaborative initiatives that meet our county's diverse food security needs.”

– Lacey Baldivez, PhD, Chief Impact Officer



STAR VOLUNTEER: ADRIENNE JONES BACKYARD BOUNTY



Adrienne Jones leads gleans for our Backyard Bounty program. She has been volunteering with the Foodbank for six years in a variety of programs but says that "gleaning with my glean buds" is her favorite role. Along with the other glean leads, she travels to different properties in south county to pick mandarins, oranges, lemons, limes and more, which are then donated to the Foodbank. "It's such an important way to help the community. Food and shelter are basic necessities so it's a natural place for me to help." We are so grateful for your time and energy, Adrienne!

STAR VOLUNTEER: BARBARA KILROY TEENS LOVE COOKING



Barbara Kilroy recently retired and started volunteering with the Foodbank four months ago as a nutrition educator for our Teens Love Cooking (TLC) program. TLC is an after-school program that provides middle school students the opportunity to learn valuable kitchen and cooking skills. The program is designed to improve participants' knowledge of food, nutrition and food preparation techniques in a compelling and interactive way. "I very much enjoy teaching the teens at Girls, Inc. (in Carpinteria) how to cook, eat healthy foods, budget and more through TLC." We're so grateful for you and your volunteerism, Barbara!

SAVE THE DATE

May 25

*Food as Medicine:
Heartburn Hacks*



Scan code to
sign up

May-July

*End Summer Hunger
Support
Picnic in the Park*

July 27

Lompoc Empty Bowls

LOMPOC EMPTY BOWLS



WEDNESDAY, JULY 27
TWO SEATINGS: 11:30AM & 12:30PM
DICK DEWEES COMMUNITY & SENIOR CENTER
1120 W. OCEAN AVE.

We are beyond thrilled to gather in person!

Attendees will browse and choose from hundreds of handmade bowls and together we'll savor gourmet soup, watch pottery demonstrations and enjoy a raffle full of lovely prizes. Most importantly, we'll raise funds and awareness in support of food security for our neighbors in Lompoc.

(All safety precautions recommended at the time of the event will be observed.)

Buy tickets:

www.FoodbankSBC.org/LEB22
or scan code at left.



Foodbank of Santa Barbara County

Donate • Volunteer • Get Help

(805) 967-5741 • www.FoodbankSBC.org

For senior food delivery, help with CalFresh applications and other immediate information, call (805) 357-5761

FoodbankSB FoodbankSBEspanol FoodbankSBC FoodbankSBC Foodbank SBC

Santa Barbara Warehouse
4554 Hollister Avenue
Santa Barbara, CA 93110

Santa Maria Warehouse
490 W. Foster Road
Santa Maria, CA 93455

Education & Administration Center
1525 State. St., Ste. 100
Santa Barbara, CA 93101

