

Foodfirst

Moving the Community from Hunger into Health
Fall 2022

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Building Readiness: Introducing the New Foodbank Sharehouse!

At our new south county facility, the Foodbank will be able to receive (and distribute) 32,000 pounds of fresh produce each week – that we currently turn away due to lack of space.



See how much good you did! Check out our new Community Impact Report. Visit: FoodbankSBC.org/AnnualReport22 or scan code:



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Our goal at the Foodbank is to provide those facing the daily disaster of hunger—and everyone when large-scale disasters strike—with nourishing food and life-changing nutrition education.

For over a decade, we have struggled with lack of space at our Santa Barbara warehouse. After an extensive search, I am delighted to announce that we have found a new home in south county.

The new facility will be more than a warehouse. It will be a **Sharehouse**—a place to share food, education and hope. We can't wait to welcome you! (Learn more at right.)

With your help, our dreams for the Sharehouse can become reality. We ask you to give generously this fall to complete modifications of the new site and ensure all who need it have food for the holiday season.

No gift is too small. From now through December, generous matching gifts mean your donation will be doubled!

We're excited to resume our tradition of in-person community events. We'll celebrate our 11th annual Table of Life gala, 21st Santa Maria Empty Bowls and 25th Santa Barbara Empty Bowls!

As always, thank you for helping fight hunger, promote food literacy and ensure disaster resilience in Santa Barbara County.

With gratitude,

Erik Talkin
CEO, Foodbank of Santa Barbara County

EMPTY BOWLS EVENTS

Our 2022 Empty Bowls events are off to an excellent start! In July, Lompoc Empty Bowls raised \$60,000 to provide healthy food and nutrition education to residents of Lompoc! We're excited to celebrate in Santa Maria and Santa Barbara this fall.

21st Annual! Santa Maria Empty Bowls

Wed., October 26
Santa Maria Fairpark

We'll sit down together again for a gourmet soup lunch, hand-painted bowls and raffle fun!

Tickets: FoodbankSBC.org/SMEB22

25th Annual! Santa Barbara Empty Bowls

Sun., November 13
Current south county warehouse

Celebrating a quarter-century of Empty Bowls with a Holiday Marketplace, handcrafted ceramics, artist bowls, soup to-go and more!

Tickets: FoodbankSBC.org/SBEB22



SHAREHOUSE

BUILDING READINESS: CAMPAIGN FOR A HUNGER-FREE TOMORROW

Our new Santa Barbara facility is more than a warehouse—it's a Sharehouse. A place to share food, nutrition education and hope, with critically needed services for our most vulnerable community members.

With a 57,000-square-foot warehouse and 20,000 square-feet of office space, the Sharehouse will enable us to distribute more healthy food more efficiently; store sufficient food for disasters; and house a Nutrition Promotion Center.

Our current Santa Barbara warehouse can only hold 15% of food needed for south county. Most food is stored in Santa Maria and trucked south daily.

The Sharehouse will dramatically increase capacity countywide by allowing both our Santa Maria and Santa Barbara facilities to store enough food for each end of the county, without the cost and emissions produced by daily transport.

As always, dedicated community members like you are critical to best fight hunger here at home. The Sharehouse will serve our entire county—neighbors, children, friends and families—for decades to come.

Your support will equip county residents in need to create a stronger tomorrow and will help all of us be resilient in case of disasters.

How to Get Involved:

- 🍃 **Donate—No gift is too small!**
- 🍃 **Spread the word**
- 🍃 **Fundraise with family, friends, colleagues and community**
- 🍃 **Attend virtual and in-person events**

Scan QR code to learn more and take a virtual tour!



TABLE OF LIFE

October 8 | 4-8pm | Private Montecito Estate

Our 11th annual Table of Life gala honors Patricia Bragg and La Centra Sumerlin Foundation, visionary supporters whose leadership and generosity provided the foundation for our new Sharehouse.

Guests will enjoy a gourmet farm-to-table dinner, local wines and music at a beautiful Montecito estate overlooking the Pacific, with M.C. John Palminteri.

Tickets/information: TableOfLife.org or scan code:



YOUR NUTRITION

Chiles Rellenos / Stuffed Peppers

Looking for an easy, tasty and nutritious meal? Check out this quick, plant-based option from our Healthy School Pantry Program!

Serves: 4 | Time: 30 minutes

Ingredients

- 4 poblano peppers
- 2 potatoes
- 2 carrots
- 1 zucchini
- Salt / Pepper

Accompaniments:

- Brown rice, beans
- Avocado, salad

Instructions

1. Wash the peppers. Roast "on the fire" either on your stove or a grill. When the skins are black, place the peppers in a plastic bag to "sweat" so you can peel them easily.
2. Wash and chop the vegetables into small cubes. Cook the potatoes in a little oil in a skillet over medium-high heat. Once the potatoes are soft, add the zucchini and carrots. Season to taste with salt and pepper.
3. Slice open your peppers and fill them with the vegetables.
4. Serve with rice, avocado, salad or beans.



STAR VOLUNTEER: ANA MEJIA NORTH COUNTY



Ana Mejia has been a dedicated Foodbank volunteer for nearly three years. As a child, Ana's family would volunteer to help those in need—an activity that she grew to love. When the pandemic started (and the need in her local community increased), Ana decided to start volunteering at the Foodbank. Her favorite volunteer activity is the Lompoc High School food distribution. Ana's brother also started volunteering during the pandemic, and it is now something her entire family loves to do. Thank you, Ana!

STAR VOLUNTEER: DENNIS AND SHEILA DURHAM NORTH COUNTY



Dennis and Sheila Durham began volunteering with us a little over two years ago. This inspiring couple can be found frequenting pre-packs and grocery rescue events, where they delight in the teamwork, camaraderie, new friends and laughter they experience—all integral parts of volunteering at the Foodbank. When asked why they volunteer, Dennis and Sheila told us that it was simple: they wanted to help those in need. Thank you Dennis and Sheila for dedicating your time and energy to helping our community.

HUNGER RELIEF CHAMPIONS

Foodbank Hunger Relief Champions donate more than 30,000 pounds of fresh produce in a single year. They play a pivotal role in contributing to positive health outcomes countywide. Thank you!



Blake and Maren Parsons • Chuck and Missy Sheldon

Foodbank of Santa Barbara County

Donate • Volunteer • Get Help

(805) 967-5741 • www.FoodbankSBC.org

For senior food delivery, help with CalFresh applications and other immediate information, call (805) 357-5761

SAVE THE DATE

September

*Hunger Action Month
Dine Out for Hunger*

September 17

*Sharehouse Festival
Virtual Tour launches!*

September 23

Hunger Action Day

October 4 & 5

Jack Johnson at SB Bowl

October 8

Table of Life Gala

October 10 – December 15

*KSBY Season of Hope
Countywide Food Drive*

October 13

Sharehouse Giving Day

October 15

Veterans Stand Down

October 19

*UCSB Central Coast
Sustainability Summit*

October 24–November 23

Turkey Drive

October 26

Santa Maria Empty Bowls

November 1 – December 10

*End Hunger Games:
Corporate Challenge*

November 12

American General Media

Turkey Drive

November 13

Santa Barbara Empty Bowls

November 19

*Fill the Foodbank!
Food Drive*

November 20

*Montecito Churches
Turkey Drive*

November 23

*Special Thanksgiving
Food Distribution*

November 29

Giving Tuesday

December 23

*Special Holiday
Food Distribution*

FoodbankSB FoodbankSBEspanol FoodbankSBC FoodbankSBC Foodbank SBC

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Santa Barbara Warehouse
4554 Hollister Avenue
Santa Barbara, CA 93110

Santa Maria Warehouse
490 W. Foster Road
Santa Maria, CA 93455

