



*We are a statewide policy and advocacy organization dedicated to improving the health and well being of low-income Californians by increasing their access to nutritious, affordable food.*

Contact: Tia Shimada at 510.433.1122 x109 or [tia@cfpa.net](mailto:tia@cfpa.net).

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## Nutrition & Food Insecurity Profile

# Santa Barbara County

Demographic Data		
Total Population 2012	Individuals in Poverty 2012	Percent of Individuals in Poverty 2012
431,249	67,359	16%

Demographic Data: Children		
Children 0 to 5 Years Old 2012	Children 6 to 17 Years Old 2012	All Children Under 18 2012
33,871	63,451	97,322
Children in Poverty 2012	Percent of Children in Poverty 2012	Students Eligible for Free or Reduced-Price School Meals 2012-13
19,593	20%	Pending

Food Insecurity Measures	
Food-Insecure Adults in Low-Income Households 2011-12	Percent of Adults in Low-Income Households Who Are Food Insecure 2011-12
56,000	50%

Health Measures		
Percent of Adults Who Are Overweight or Obese 2011-12	Adults Ever Diagnosed with Heart Disease 2011-12	Percent of Children in Healthy Fitness Zone: Body Composition 2012-13
57%	19,000	57%

CalFresh					
Individuals Participating Sep-13	Income-Eligible Individuals 2011	Income-Eligible Non-Participants 2011	County Program Access Index (PAI) 2011	PAI County Rank 1 = best 2011	Additional Economic Activity w/ Full CalFresh Participation 2011
31,394	69,920	39,196	0.439	51	\$93,400,000

Child and Adult Care Food Program (CACFP)		
Licensed Childcare Facilities 2010	Licensed Child Care Slots 2010	Children Participating in CACFP 2011-12

2010	2010	2011-12
673	13,926	4,175

## National School Lunch & Breakfast Programs

<b>School Lunch Participation Among Low-Income Students 2011-12</b>	<b>School Breakfast Participation Among Low-Income Students 2011-12</b>
<b>Pending</b>	<b>Pending</b>
<b>Percent of School Lunch Participants Who Also Eat School Breakfast: Low-Income Students 2011-12</b>	<b>Additional Federal Meal Reimbursements Received with Increased Breakfast Participation 2011-12</b>
<b>Pending</b>	<b>Pending</b>

### Summer Meal Programs

<b>Summer Meal Program Participation Among Low-Income Children 2012</b>	<b>Percent of School Lunch Participants Who Are Also Served During the Summer 2012</b>	<b>County Rank for % School Lunch Participants Also Served During the Summer 2012</b>
<b>5,081</b>	<b>18%</b>	<b>11</b>

### WIC & Breastfeeding Measures

<b>WIC Participants Served by County Agency 2013</b>	<b>Breastfeeding: In-Hospital Initiation 2012</b>	<b>Exclusive Breastfeeding: In-Hospital Initiation 2012</b>
<b>Coming Soon</b>	<b>95%</b>	<b>55%</b>

Values marked by an asterisk (\*) represent aggregate data from county groups. County groups:

- Alpine, Amador, Calaveras, Inyo, Mariposa, Mono, and Tuolumne Counties
- Del Norte, Lassen, Modoc, Plumas, Sierra, Siskiyou, and Trinity Counties
- Colusa, Glenn, and Tehama Counties

Blank values indicate that data were not available.

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*California Food Policy Advocates (CFPA) is a non-profit policy advocacy organization committed to increasing low-income Californians' access to nutritious, affordable food at home, at school, and in settings across the community. Working as both a policy leader and supportive policy ally, CFPA continues to build on its more than twenty-year history of trust and success.*



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